

## Partnership for Sustainable Development – Nepal

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### PSD Connect

A Quarterly Newsletter

The PSD Connect is a quarterly e-newsletter published by the Partnership for Sustainable Development (PSD) Nepal to inform all their partners, ex-volunteers and supporters about our activities and news. PSD Nepal is a non-profit social development organization dedicated to the alleviation of poverty of Children and youth of rural Nepal. For more information please visit [www.psdnepal.org](http://www.psdnepal.org).

### MESSAGE FROM the EDITOR

Namaste Friends!

## Merry Christmas and Happy New Year 2017 to all our good wisher!!

With great pleasure we present you our quarterly newsletter!!! Please read our newsletter Issue 4 from year 11, only designed to keep you updated on PSD and her activities, successes and future plans! Any questions and/ or comments regarding the newsletter or about PSD-Nepal are more than welcome. Please forward this newsletter to all the friends who have worked with us and help to raise our profile. We are looking for some news from you people also; please send us any news or materials which we can publish in our next issue. We heartily welcome your views, comments, and queries regarding the work of PSD-Nepal and/or regarding the improvement of the newsletter! You can send us an email to [psdnepal@mail.com.np](mailto:psdnepal@mail.com.np) or call us at (9771)-4411648

Bishnu H. Bhatta

### Our completed projects:

**Mahendra Lila Higher Secondary School, Gorkha:** We are happy to share the completed four room building at Mahendra Lila Higher Secondary School, Harmi, Gorkha. The building has been using fully for classrooms, studnets and teachers are very much enjoying having classes in newly built building. Below is some snaps of the building and its uses by school.



We also completed four room building at **Bigyan Primary School, Harmi, Gorkha**. Afetr completion of the school building, we see the cherished face of the students, teachers, parents and community as a whole because it benefit to all the stakeholders which were directly or indirectly involved. The school building build to create sounds environment for the students to learn the lessons as well as creativity, to meet this purpose; one room is decorated by animals and birds as well as globe too where they can learn by seen not just only read, it is specially focused for the primary students, beside that we focused to the all students' overall activities and tried to help them by holistic approach because

most of the students are still on nightmare. So, our volunteers take the music classes to rid off their fear of terror. Obviously it's hard to completely rid off the nightmare especially for the kids. Further more, volunteers and teachers work together to teach the students where they can share their feelings, knowledge and it's a way to exchange their culture too, which is benefited for both side. Regarding the community, they praised our work and expected to get this kind of projects again which they feel this project for them and way to show their dream. After completion the school building they said that "we are going to alive with our hope" which is bring us by PSD. School parents said that "now our children get dream". Some glimps of the school.



**NAFA Nourishes Program**

We have been running NAFA nourishes program to Orphanage which has completed one year in October. Three members from NAFDA from USA visited last few months and we hired the 2 new program field nurses who already join the team on November 2016. So far there are 16 homes with more than 450 children are getting benefitted from our nutrition program.

During assessment we found that huge problems in brushing teeth so that, we distributed the brushes to the children of all children home and will be doing the same every 6 months. The nurses worked on hygiene with the children and with the belief of involvement of the children in the program they involved the children to make the brush holder with the old rice sack. The appropriate brushes were distributed based on age of the children.





Our team also identified the lice problem in most of the children homes. So we supported the homes in hygiene and provided them the special comb. We made the children in a pair, one younger and the next older so that they could help each other combing. Personal hygiene and hair washing training were given to the children and the house staff.

We were distributing plumpy sup, a nutritional supplement to the children home but due to the supply problem, we started to provide plumpy doz, a nutritional supplement from the same company. The older children do not like plumpy doz due to its sweet taste so we started to provide peanut butter to minimize the sweetness and also provided a spoon for each child to maintain the hygiene. Some of the children home will be now moving to multivitamins as they have completed their regime for plumpy sup. We have already ordered the multivitamins which are on the way.



As per our visits to the children home, we found most of the children were in need of counseling regarding the school performance, carrier , interpersonal relationship so that we have been doing counseling to the children. Along with this, we done the health campaign in one of the children home as they had the severe problem of skin as dermatitis, scabies and so on and provided the medicine.

Here are the findings of assessment of children after 6-months evaluation of the children home:

Total children participating: 22	
Before	After
Children @ 50th percentile of growth card: 1	Children @ 50th percentile: 3
Children between 25-50th percentile of growth card: 3	Children between 25-50th percentile: 7
Children between 10-25 percentile of growth card: 7	Children between 10-25th percentile: 5
Children below 10th percentile of growth card: 4	Children below 10th percentile: 1
Children above 50th percentile: 2	Children above 50th percentile: 2
3 children were above 18 years so the assessment was not done.	

<p>12 children complained of having headache, 14 children including some boys had lice problem, many children complained of having diarrhea after eating food and the children stating of drinking 400 ml to 500 ml of water daily as they thought the source was dirty. Most of the children had wounds, dirty nails, running nose and they use to wipe the nose with hand and shirt. The children were not regular in brushing teeth and bathing.</p>	<p>The children do not have wounds, nails are clean and short except one boy and 3 girls have lice. Most of the children are drinking 1-2 ltrs of water as we also distributed them water bottle and filter. One boy have not maintained hygiene rather than that all children brush regularly and bath twice a week. 2 children complain of having headaches. The children are eating good diet. They have their own kitchen garden and now we plan to support them in choosing good food, food budgeting and kitchen gardening.</p>
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**Volunteer Programs**

- There will be 38 volunteers from OxAdventure, Kuwait to help school and children in Gram Sudhar School, Kathmandu in this December and January. PSD Nepal always seeking to help the community according to their needs after the earthquake most of the communities are in vulnerable condition as a result we create the charity project work, where people can support by the holistic approach in the community.
- 2 studnets from Simon Fraser University, Canada will be working with for four month for Practicum work in Nepal in this January.
- 15 students and two professors from Webster University, USA will be visiting us in March 2017.
- 14 students and two teachers will be working at Tri-Ratna Cooperativ school for Photography and medica project as well as service work at the school in this February.
- Integrated model village project in Pipaltar, Kavre with the funding from Habitat for Humanity Nepal is completed more then half house so far and rest of the houses are underconstruction and we do have aim to complete it by mid March 2017.

**Global Giving fund raising**

For the purpose of school reconstruction, PSD Nepal is raising funds through Global Giving. Therefore we, the PSD family, would like to request all our best friends to contribute to our cause. More details you can find here:

For US and Canada Donors please click this link:

<http://www.globalgiving.org/projects/rebuild-school-for-479-nepalese-children>

For UK based donors please click this link. We will able to get gift aid as well.

<http://www.globalgiving.co.uk/donate/24756/partnership-for-sustainable-development/>

We are counting on your engagement and hope for your support. Your donation to our program will be recognized in the supporting community through the quarterly e-newsletter.

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**Vote of Thanks**

PSD Nepal would lik to express its thanks to all those who have contributed in one way or the other to make our relief programmes succesful. So far we have successfully raised the funding to build 8 school buildings out of the 10 we have planned. We are still looking for funding to build at least another 2 school buildings. PSD Nepal is looking forward to work with all our well wishers and donars in future as well.

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